

## Summer 2015

<b>Dates</b>	April: 13th, 28th May: 13th, 28th June: 12th, 29th July: 14th, 29th Aug: 13th, 28th Sept: 14th, 29th	April: 14th, 29th May: 14th, 29th June: 15th, 30th July: 15th, 30th Aug: 14th, 31st Sept: 15th, 30th	April: 15th, 30th May: 15th June: 1st, 16th July: 1st, 16th, 31st Aug: 17th Sept: 1st, 16th	April: 16th May: 1st, 18th June: 2nd, 17th July: 2nd, 17th Aug: 3rd, 18th Sept: 2nd, 17th	April: 17th May: 4th, 19th June: 3rd, 18th July: 3rd, 20th Aug: 4th, 19th Sept: 3rd, 18th	April: 20th May: 5th, 20th June: 4th, 19th July: 6th, 21st Aug: 5th, 20th Sept: 4th, 21st
<b>Lunch Main</b>	Homemade lamb burgers. <b>Egg, soya, gluten</b>	Minced beef pie shortcrust pastry. <b>Gluten, milk</b>	Homemade vegetable and lentil pasta bake. <b>Gluten</b>	Homemade chicken curry. <b>Milk</b>	Homemade salmon & broccoli pasta. <b>Fish, milk, gluten</b>	Homemade beef meatballs in gravy. <b>Gluten, egg, soya</b>
<b>Lunch Vegetarian</b>	Homemade bean burgers. <b>Egg, soya, gluten</b>	Minced soya pie, shortcrust pastry. <b>Gluten, milk</b>	Homemade vegetable and lentil pasta bake. <b>Gluten</b>	Homemade quorn fillet curry. <b>Egg, milk</b>	Homemade vegetable and broccoli pasta. <b>Gluten, milk</b>	Quorn meatballs in gravy. <b>Gluten, egg, soya</b>
<b>Accompanied by</b>	Baked beans, homemade potato wedges	Boiled pots and mixed veg	Broccoli	Peas, baby carrots, rice	Sweetcorn	Mashed potato, peas, sliced carrots. <b>Milk</b>
<b>Pudding</b>	Poached pears	Greek yogurt and apricots. <b>Milk, nuts</b>	Banana and custard. <b>Milk</b>	Fresh fruit salad	Peach crumble and custard. <b>Milk, gluten</b>	Homemade smoothie and biscuit. <b>Gluten, milk</b>
<b>Under 2,s</b>	Poached pears	Greek yogurt and apricots. <b>Milk, nuts</b>	Banana and custard. <b>Milk</b>	Fresh fruit salad	Peaches and custard. <b>Milk</b>	Pears and biscuit. <b>Gluten, milk</b>
<b>Tea</b>	Ham/Mexican bean wrap, carrots ticks, raisins. <b>Gluten</b>	Pitta and cheese cubes, cucumber, grapes. <b>Milk, gluten, nuts</b>	Turkey/dairylea sandwich, green pepper, melon. <b>Milk, gluten, soya, nuts</b>	Crumpets, cucumber sticks, apricots. <b>Gluten, milk</b>	Quiche, cream crackers and butter, carrots, pineapple. <b>Egg, gluten, milk</b>	Cheese/marmite sandwich, red pepper, banana. <b>Milk, gluten, soya</b>
<b>Snack</b>	Oatcakes, mandarins. <b>Gluten, nuts</b>	Popcorn, berries	Rice cakes, pears. <b>Soya</b>	Cream crackers, apple. <b>Gluten</b>	Pitta bread, sugar snap peas, plum. <b>Gluten, soya nuts</b>	Breadsticks, apricots. <b>Gluten, sesame milk</b>

**Allergen Foods – Dishes contain & Dishes may contain**

**14 Allergen foods:** Cereals containing gluten, Crustaceans e.g. prawns, Eggs, Fish, Peanuts, Soy beans, Milk, Celery, Nuts, Mustard, Sesame, Sulphur dioxide, Lupine, Molluscs – clams, mussels, whelks.